Utilizing Athletics to teach the principles of discipline, dedication, and sacrifice!

Special Thanks to our Community Partner

Veteran's Passport To Hope

Ages 8—14
Non–Contact Camp

Malik Jackson
Youth Football Camp

July 9, 10 & 11
9am to 12:30pm

Pine Creek High School
10750 Thunder Mountain Ave.
Colorado Springs, CO 80908

Malick Jackson
Denver Broncos
Defensive Tackle

The **1st Annual Malik Jackson Football Camp** has a coaching staff consisting of current and former professional, college and high school athletes, high school and college coaches, and other top community volunteers. The coaching staff will emphasize fundamentals, form and technique. Campers will be grouped according to age, size and ability.

Practice Schedule Summary:

15 Min	Stretching and Form Running
45 Min	Offensive Position Drills
45 Min	Defensive Position Drills
45 Min	Teamwork & Scrimmages
30 Min	Speed, Strength, & Agility Drills
15 Min	Lectures on Key Topics Facing our Youth
15 Min	Cool Down & Awards

The 3-Day Camp Includes:

- 3 days of quality instruction
- Camp T-Shirt
- Special gift item
- Celebrity autograph item
- Daily awards for individual effort
- Overall MVP Awards for the Most Outstanding Performers

Attire For Camp:
Shorts, T-shirt, shoes for a AstroTurf surface. We will have plenty of water for the kids but they are welcome to bring their own drinks & snacks.

COST
$125
Per Person

Hosted by:

HELPING HANDS FOR FREEDOM

COMPLIMENTARY SPOTS TO MILITARY CHILDREN
Helping Hands for Freedom and Veteran Passport to Hope would like to honor our military children by providing complimentary entry into the program.
Military children of fallen, wounded, deployed, and active duty service members qualify. Register On-Line or Call to Reserve Your Entry.

For more information: 720-481-0414